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Janet Holmes
Director

Angela DaPonte
Assistant Director

Betsy Sowin
Office Assistant

Paul Anderson
Bus Driver

Phil Ferreira
Maintenance

Nanci Lambert
Dining Supervisor

Norma Gossic
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The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Email: seniorcenter@tiverton.ri.gov

JUNE 2025



The Center will be closed on Thursday, June 19th in observance of JUNETEENTH.

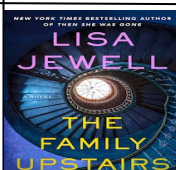


Thursday, June 5th at 10:15 a.m.: Landscapes Old & New

Art for Your Mind is an engaging, educational, art observation experience designed to broaden the minds of its participants. Programs are for people of all backgrounds-artists and non-artists alike. This month's featured topic, **Landscapes Old and New**, offers a way to develop your awareness of the many decisions artists face when constructing a landscape painting. Interpretations of nature from America, Europe and beyond become surprising and interesting when close observation is combined with insight into the artists and their goals. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself to see in new ways!



SPECIAL DUO EVENT: Strawberry Shortcake Day & Uke Concert!
~ **FRIDAY the 13th of June**, beginning at 1:00 p.m.~ \$2/serving
Come enjoy a delicious bowl of fresh-picked strawberries, home-made biscuits & fresh cream~ Enjoy the music of our talented **Ukulele Players** as they serenade us in their **Summer Concert!**

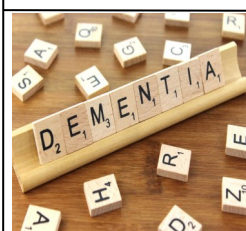


BOOK GROUP: Tuesday, June 17th at 10:15 a.m. This month's book is: **The Family Upstairs** by Lisa Jewell. Large print books are available in the office.
Book Lovers welcome anytime!

Have you turned down a chance to go out with friends because you were concerned about falling? If so, **A Matter of Balance: Managing Concerns About Falls** is a program for you! Fear of falling can be just as dangerous as falling itself. **Don't miss out on this FREE 8 week workshop! Mondays, beginning June 16th from 10-11:30 a.m.~ Learn more & sign up in office**



Jewelry Making Class with Sylvia Delaney ~
Friday, June 20th from 1-3
\$15 per person ~ sign up in office



SPECIAL PRESENTATION: Wednesday, June 25th at 10:00 a.m.
"Understanding Alzheimer's & Dementia" brought to us by Alzheimer's Association and RI Elder Info~ Community Resources for Seniors & Caregivers

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room

Learn Ukulele with Otis-Mondays, 1:00—2:00 p.m.

Functional Fitness with Deb—Mondays & Wednesdays at 9:00 a.m.

Quilting for Charity meets every Monday at 10:00 am-3:00 pm

Pitch League- Hi, Lo, Jack meets Mondays at 12:30-3:00 p.m.

Chair Yoga with Shirley—Tuesdays at 9:00 a.m. Class fee is \$3 per class.

Drums Alive! with Jessica-Tuesdays at 12:45 p.m. Class fee is \$3 per class.

Painting with Shawndavid Tuesdays 2:00-3:30 pm \$25 for 6-week session or \$5 wkly

Book Club Tuesday, June 17th at 10:15 a.m.

Mah Jongg– Tuesdays and Fridays, 10:00 a.m.-3:00 p.m.

Cribbage Wednesdays: 12:30-3:00 p.m.; **Chorus –Wed.** at 12:30 p.m./Lounge;

Live Music-Dining Room Wednesdays: 12:30-3:00 p.m.

Balance & Mobility with Jess-Thursdays at 9:00 a.m. Class fee is \$3/members

CENTER MEETING will be held on Thursday, June 26th at 10:15 a.m.

BINGO-Thursdays, June 5th, 12th, 26th 1:00-3:00 PM Start Promptly at 1:00

Knitting for Charity-Thursdays at 1:00-3:00 p. m.

Zumba with Jessica—Fridays at 9:00 a.m. Fee is \$3.00 per class

Yoga Stretch with Lisa—Fridays at 2:15 p.m. \$3.00 per class



Thursdays @ 1:00 SHARP
June 5, 12, 26

CENTER MEETING

Thursday,

June 26th at 10:15



CAREGIVER SUPPORT GROUP

Caregiver Support Group will meet on Mondays,
June 9th & 23rd at 2:30 p.m. Facilitator: **Janet Grapentine**



URI Pharmaceutical Outreach Program presents:
Minerals & Supplements on Monday, June 9th at 10 a.m.



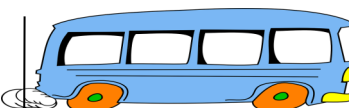
COME ENJOY OUR
OWN PIANO MAN,
Sandy Cook—

June 18 & 25 from 12:30-
3:00 p.m. Be sure to wear

your dancing shoes!

Special Musical Guest:
Portsmouth Senior Band-
Wednesday, June 11th

Happy Birthday



JUNE 2025

Bruce Isador 01
William Humphrey 02
Cheryl Carrillo 04
William Behm!!! 05
Frank Cambra 05
Judy Jones 06
Robert Barlow 07
Deborah Mello 09
Evelyn Ibbotson 10
Muriel White 10
Doris Peacor 11
Joyce Stevens 12
Colette Stowell 13
Mary Dambrosio 13
Jeanne Wordell 14
Katherine Torres 15

Anne Jezak 15
Irene Spomer 16
Madeline Grace 16
Michelle Cummings 18
Betsy Sowin 19
Vivian Fitzgerald 19
Lauren Boudreau 20
Kathy Gorgizian 20
Doreen DeStefano 21
Eugene Lavoie 21
Alice Angelini 22
Christine Cooper 27
Patricia Sousa 28
Cynthia Thomson 28
John Fortin 28
Louise Robinson 29
Ana Oliveira 29
George Poirier 29
Gary Plunkett 29
Leo Braz 30

Paul Anderson provides
our bus service for Tiver-
ton seniors on Tuesdays,
Wednesdays and Thurs-
days. (Later start on
Thursdays for folks to at-
tend BINGO). **Please call**
401-625-6790 to reserve
your spot. Bus trips are
not individualized. Shop-
ping bags are limited to
four bags per person.

Senior Center- WISH LIST:

- Facial tissues
- Air freshener
- Paper plates
- Regular coffee
- Wrapped candy
- Cotton fabric
 - Yarn
- Friendship
- World Peace

